Sodastream Cylinders and KegLand Cylinders
How to Correctly Tighten and Loosen Threads.

As shown in the picture to the right DO NOT hold the cylinder when tightening or loosening attachments to the cylinder.

If you hold onto the cylinder you might accidentally unscrew the cylinder valve from the body of the aluminium cylinder and this can cause your gas to leak out.

Always use two spanners when tightening or loosening any attachments onto the Sodastream cylinders.

See attached image to the left.

This is especially important when taking fittings apart.

NEVER HOLD ONTO THE CYLINDER BODY ITSELF.